

FOUNDATION

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NEP 2020
GUIDELINES



CATALOGUE

PLAY-BASED LEARNING



Foundation Stage Resource Material

Based on the Guidelines of the **National Curriculum Framework 2022**



EDUCATE
21ST CENTURY
CHILDREN



Prisht Education

An NCERT Based Pre-School Curriculum

Adhering to NCF 2022 & NEP 2020

The National Education Policy 2020 (NEP 2020) defines the Foundational Stage as a single curricular and pedagogical phase which comprises five years of flexible, multilevel, play and activity-based learning for children between 3 and 8 years of age. The National Curriculum Framework for the Foundational Stage (NCF-FS) has been developed based on the vision of NEP 2020 as a framework for guiding the various curricula for this Stage, across the country.

The early years matter

Scientific research over the past 30 years has taught us that the most important period of human development is from birth to eight years old. During these years, the development of cognitive skills, emotional well-being, social competence and sound physical and mental health builds a strong foundation for success well into the adult years. Although learning takes place throughout life, in early childhood, learning is taking place at a speed that will never be equalled.⁵ The preschool (or pre-primary) education years fall in the middle of the early childhood period and lay the groundwork for success in school and beyond. Although this brief is focused on the pre-primary years, we note that learning through play is relevant throughout the whole early childhood period and beyond.



Conception to age 2

With adequate stimulation, a child's brain forms neural connections at a pace of at least 1,000 per second. However, recent indications are that the speed could be up to 1 million per second. These connections are triggered by rich, loving and protected environments, in the context of responsive and playful caregiving that foster bonding and secure attachment, contributing to positive socioemotional development.



3 to 5 years

Often referred to as the "preschool period". Children's language, socialemotional and cognitive skills are rapidly expanding. During this period, the stimulation and learning that come from play, reading, singing and interacting with peers and caring adults at home and in quality early education settings are essential.

Play in the preschool years enables children to explore and make sense of the world around them, as well as to use and develop their imagination and creativity.



6 to 8 years

Often considered the early grades of primary school. Play-based learning continues to be critical, yet it is often neglected in favour of academic-focused education approaches. Yet, in this period, active, play-based learning approaches can transform the educational experiences of children in the early primary grades and strengthen learning motivation and outcomes

Our Products

BOOKS SET



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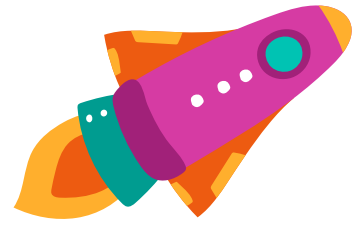


TEACHING KIT



FLASH CARDS





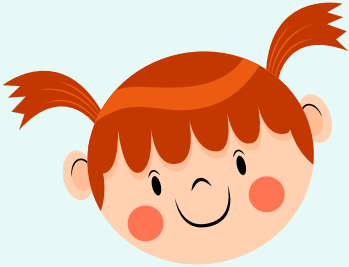
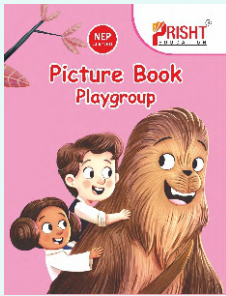
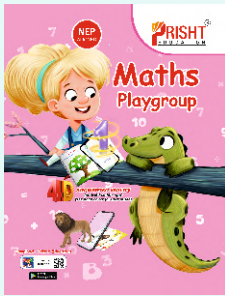
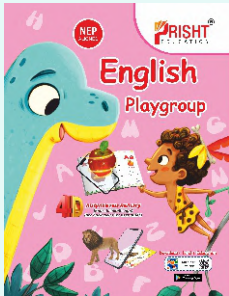
Play Group

Age 2-3 years



M.R.P
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6 - Books





Level - 1

Age 3-4 years

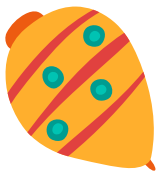
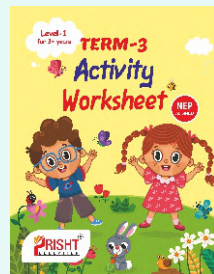
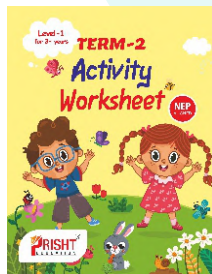
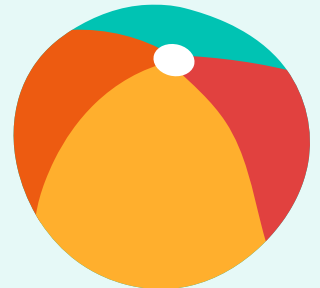
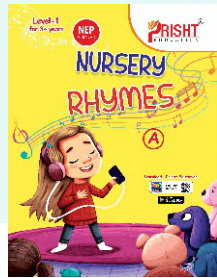
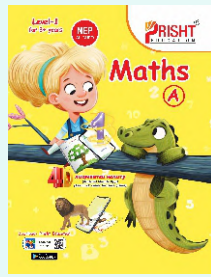
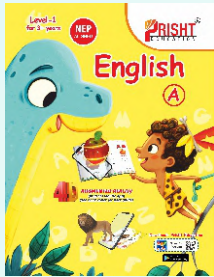


Age 3-4 years



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10 - Books





Level - 2

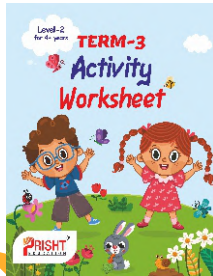
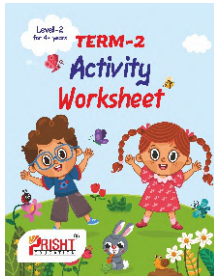
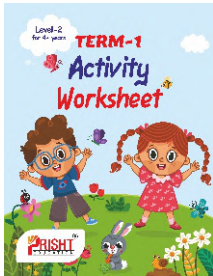
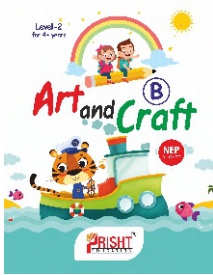
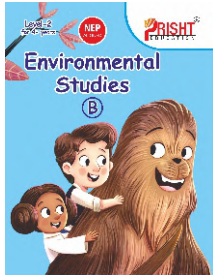


Age 4-5 years



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Level – 3



Age 5-6 years



M.R.P
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10 - Books



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